

A 15⁺ page only Specification
(Heading) (Cap) Powerflex Deluxe Walking Sticks
~~NO~~ must change

~~Section~~ Please refer to Provisional
Patent Application # 60/405,889,
filed on 8/26/02.

(Section) (Cap) BACKGROUND
(Heading) Background of the invention
This invention is in the field
of health and exercise.

~~Section~~ SUMMARY
Summary

Refer to Drawing

Detailed Description
(and best mode contemplated by me of
carrying out my invention)

B Claim
(one sentence)
(Separate Sheet)

C Abstract (Separate Page)

① 1" margins

② page numbers below text at bottom
center

slightly curved
① angled hand grips flexible shaft
replaceable rubber tips

Detailed
Description

Specification (Part)

Powerflex Deluxe Walking Sticks

Powerflex Deluxe Walking Sticks
are ② designed to be used in pairs
in a manner similar to a cross
country skier, (without skis, of course),
they may be used on flat urban sidewalks
or hiking through the woods) ^{anywhere} you walk

As you stride forward with the
left foot, extend the right
hand walking stick, then, right
foot with left hand stick, and so
on. That's all there is to it.

You can put more or less pressure
on the sticks, depending on how
much strain you want to take
off your lower body joints —
(ankle, knee, hip) By using ~~the~~ one

The stiffness of the flex is different for different weight class of users. That is, a 110 pound ~~person~~ ~~person~~ would need a less stiff version than a 250 pound ~~person~~ ~~person~~.

The handgrips are plastic, and are angled forward ~~ergonomically~~ to provide a natural comfortable grip. The tips of the shift are rubber and replaceable.

Abstract

Powerflex Deluxe Walking Sticks

A walking stick is generally known as a ~~rigid straight~~ rigid, lightweight, straight, ~~stick~~, wooden stick, held in one hand, used as an aid in walking. PFDWS are used in pairs, like ski poles. PFDWS are designed to FLEX slightly to provide a shock absorbing effect. ② power releasing effect

Anti gravity boots
Wed AM Channel 2
Diane Sawyer

Abstract

PowerFlex Deluxe

Walking Sticks

PowerFlex ~~Walking~~ Deluxe

Walking sticks are designed to be used in pairs, one in each hand.

The essence of these walking sticks is the slightly curved & flexible shaft.

PF Deluxe WS

A walking stick is generally known as a lightweight, straight, rigid wooden stick, ~~used as an aid~~ held in one hand, used as an aid in walking.

BEST AVAILABLE COPY

These are ~~swalking~~ sticks
designed to be used in pairs as
① an aid in walking, and ② to exercise
and tone the upper body muscles
at the same time. The essential
feature of Powerflex Deluxe Walking
^{and the invention} sticks is the ~~curved~~ slightly curved
and slightly flexible shaft which
has a shock absorbing and power
releasing effect

The essence (and the invention)
is the ~~slightly curved and~~
curved & slightly flexible
shaft which has a shock absorbing
& power releasing effect.

Composiflex

1 800 673-2544

Springs

modulus of elasticity

engineering staff to
assist with design

prototyping

High or low volume

fiberglass and carbon fibre

various shapes